

# Vicarious Trauma Training

## Topics

- 1 Acknowledging, defining and normalizing vicarious trauma
- 2 Recognizing vicarious trauma in self and others
- 3 Addressing, healing, and preventing symptoms

### Register for one session

**May 5: 9AM–12PM**

**May 6: 10AM–1PM**

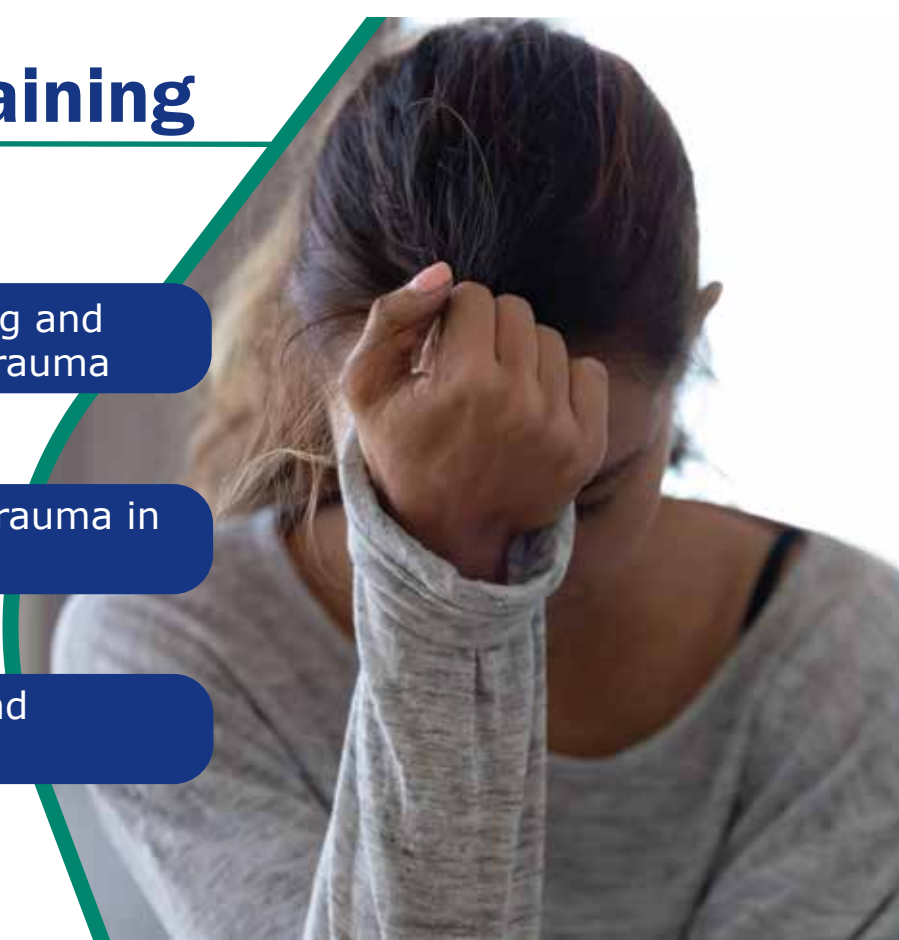
**May 7: 1PM–4PM**

Hosted by

**Idaho Department of Health & Welfare  
Division of Behavioral Health**

Presented by

**Leslie A. Stewart, Ph.D., LCPC**  
Idaho State University  
Department of Counseling



## Vicarious Trauma

is an indirect exposure  
to a traumatic event  
through firsthand account  
or narrative of that  
event.



IDAHO DEPARTMENT OF  
**HEALTH & WELFARE**  
DIVISION OF BEHAVIORAL HEALTH